



6 = h / , \* 21 '9,6 ( / , 1 < , / \$ 7.2 = \$ 7  
' , e 7 È 6 6 = 2 / \* È / 7 \$ 7 È 6 5 Ì / e 6 \$ 6 = 2 / \* È  
+ 2 = 6 = h . 6 e \* ( 6 \$ ' \$ 7 . ( = ( / e 6 5 /

|                            |                  |                           |                   |
|----------------------------|------------------|---------------------------|-------------------|
| .LDGiV GiWX<br>2022.05.23. | 9HUJLyVjiP<br>6. | \$]RQRvtWy<br>MU-8.5-2-1M | 2OGDOVjiP<br>1/2. |
|----------------------------|------------------|---------------------------|-------------------|

\$OXOtURWW

|                   |  |
|-------------------|--|
| 6]•O JRQGY:LVHO Q |  |
| eUWHVtWpVL FtP    |  |
| eUWHVtWpVL WHOHI  |  |

IHOHO VVpJHP WHOMHV WXGDWiEDQ Q\LODWNrJRP KRJ\ J\HUPHNHP

|                   |  |
|-------------------|--|
| 1pY               |  |
| 6]•OHWPVL KHO\ pV |  |
| /DNFtP            |  |
| /iWRJDWRWW LQWpJ  |  |
| /iWRJDWRWW LQWpJ  |  |

D] DOVSEELiOLV WiSOiONRjiVLP HOpQENHOCUWQFCHQWHYLUrND MHOHO] QNIROUDYrNB JIDJDRRGRjWpH

|   |  |
|---|--|
| 'LpWD PHJQszakoMosiVga-<br>JRQDN PHJIHOHO HG                      |  |
| VAGY  |  |
| 9DOOIRNLURDNYDOy KLY<br>SO VHUWpV Kaktv vE-H<br>JHWiULiQXV pWUHQG |  |

|  |                |
|--|----------------|
| 7XGRPiVRP YDQ UyOD KRJ\ J\HUPHNHP V]DNRUYRVL LJD]ROiViQ<br>UHDNFLyW LV NLYiOWKDW | F igen / F nem |
|--|----------------|

|   |  |
|---|--|
| +D LJHQ D YiODV] NpUM•N DGMD PHJ D] DQDILOI |  |
|---|--|

\$GDWNH]HOpVL-HOOHOONCR JIDWRQGYLVHO L Q\LODWNrJDW DOitUiViYDO NLIHMh]HWWhQ pV  
DKKR] KRJ\ VDMiW pV J\HUPHNHP JRQGR]RWWDp IHQW PHD D PERWMH V]HOpV Q DHG IDGDWVYLUV  
N]pWNH]WHWPVL V]ROJiOWDWiV Q\~MWiD FpOMiEyo NH]HOMH 7XGRPiVXORVHKRHP JKIRU\  
PHNHP JRQGR]RWWDp HjpV]VpJ•J\L LOOHYH YDOOiVDGDWONLIQDNPHUHHMOpK R KB]W D-UWB]j+  
KR] W D UVER]Y MHO]OW JD] GDQQLDWMMD VDJMRJRW KRJ\ D GLpWiV N]pWNH]WHWPVL V]ROJ

|                 |   |                |
|-----------------|---|----------------|
| 6]•O JRQGY W]QV | Kijelentem, hogy a fenti adatoD YDOyViJQDN PHJiV]HOpV]HWPpM DW HV<br>Q\~MWiVD FpOMiEyo W]UWpQ DGDWNH]HOpVKH] D KR]] | F igen / F nem |
| Hely:           | 'iWXf   | 6]•O L JRQGYLV |

AfHQW PHGMHOpQW WHOMHVfWRpSRUW DXODDIEVLDN V]HULQW YioODOMD

|                                      |              |  |
|--------------------------------------|--------------|--|
| GLHWH<br>WDO WLSXXV<br>'LHWHWL<br>ki | ViOOOpWD Wts |  |
| \$                                   | 1HP YiOOpWV  |  |

A GLpWiVHOpV]iViEDQ D N]pWNH]WHWPpUJH pYRQDWHORiy iWR \$iOONR]pYiYHQGHOW HO tUi  
WHNLQWM•N \$ W XODDIEVLDN RSRUW N]pWNH]WHWPVL WHYpNHQ\ V pabhNH WpUM LNDIG D MOOLD WML  
D (8 UHQGHOW ,, PHOOpNOHWpEOLP LQOFVVRiOWHBOHCHBOVW EUNV]HOPED QINOP]Q Gy  
]VV]HWY VHP V]iQGpN V]HULQW VHP NHUHV]V]HQQ\H] GpV iOWW ONQHP]pEMK HW] HUEH]Q

|               |                     |                    |                    |
|---------------|---------------------|--------------------|--------------------|
| 'LHWHWL<br>ki | *D]GDViJL WiUV      | *D]GDViJL WiUVDViJ |                    |
|               | Dietetikus neve:    |                    | Dietetikus ePDLO f |
|               | Hely:               | 'iWXP              |                    |
|               | 'LpWiV V]ROJiOWDWiV | 'LHWHWLNXV         |                    |

AfHQWLHN pUWB GLpWiV V]ROJiOWDWiVEDQ UpV Hogaom HogaDi WRJDW W]FORSRUW QBJ WACHOW IR  
JD]GDViJL N]pWNH]WHWPpUJH szerinty iOOpWDMX SXK VE L]WRVtWDQL

|           |   |                |
|-----------|---|----------------|
| 6]•O W]QV | Kijelentem, hogy aD]GDViJL WiUVDViYiOOpWDMX SXK VE L]WRVtWDQL | F igen / F nem |
| Hely:     | 'iWXf   | 6]•O L JRQGYLV |

0HOOpNDNRUYRVL LJD]ROiV



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+ 2 = 6 = h . 6 e \* ( 6 \$ ' \$ 7 . ( = ( / e 6 5 /

.LDGiV GiWX  
2022.05.23.

9HU]LyV]iP  
6.

\$]RQRVtWy  
MU-8.5-2-1M

2OGDOV]iP  
2/2.

\$' \$ 7 . ( = ( / e 6 , 7 È - e . 2 = 7 \$ 7 Ì

\$ IHQWL Q\LODWNr]DWEDQ PHJDGRWW J\HUPHNH JRQGR]RWWMD HJpV]VpJ  
V]HPPo\HVWDFGDPV]D]LHV HV V]HPPo\HNQHN D V]HPPo\HV DGDWRN NH]HOpVH W  
V]DEdG iUDPOiViUyO YDODPLQWR D NtY•Q. KLHOQH HO / UKOWiiO WDOIQRV DGD

(8 UHQGHOW D WRYiEELDNEdQ Ä\*'35' pUWHOPPEHQ D V]HPPo\HV  
QDN 'LpWiV N]j]pWNH]WHWpVLQV]RQJFVRSRUWKR]WDUWR]y INLQW yFDJMBPRQ

az alapon H]HOKHWL H]HNHW D V]HPPo\HV DGDWRNDW KR]JDKIKREOgEKWREBWDGJM O  
D +XQJDVW FVRSRUWKR] WDUWR]y FVQWDPHNRIWHOMRJR V]DGDVPHJLNW]GVDVLiD

DGDWNH]H]E]PHWHOKOLgD Q\LODWNr]DW DODWW WDOIOKDWy Ä,JHQ' YiODV]W  
UXOiV PHJDGiVD HVHWpQ D V]HPPo\H+XQGDWRNDWRVSRUWKR]GVDUWR]y VIXOW

kezelni, ameddig a R]j]iMiUXOiViW gQ YLVV]D QHP YRQMD YDJ\ D GLpWiV N]j]pWNH]W  
QHP PRQGMD +R]j]iMiUXOiViW EiUPLNRU MRJRVXOW YLVV]DYRQQL D] DOiEEL

- SRVWL ~WRQ Q+KQDWNr]DWRQBNVD %KGDVSHVW t\$HKTpUWHUW]UWpQ PHJ  
GpVpYHO

▪ e-PDLOHQ NHUHV]W•O Q\LODWNr]DWPIQDND F]PULIQRW]HJVXQ#KPHQNDVQPKX]YH  
7iMpNR]WDWMXN KRJ\ EiUPLo\HQ DGDWYpGHOHPPHO NDSFVRODWRREVEPHJVM

koztatjuk, hogy a+XQJDVW FVRSRUWKR] WDUWR]y DGDWYpGHOHPPHO V]DGDVPHJLNW]GVDVLiD  
egyeznelt IHQWL HOpUKHW VpJHNNHO

\$] gQ HOpUKHW VpJpW QD]DFSVCHQJKR]j]pMNUXORQDGR]RWW]VpD]G]pMHHungastMiEyo L  
FVRSRUWKR] WDUWR]y IHQWDP]H]UMHOKR]J HD]p]D]W]JL]V]Li]U]p]D]K]H]O]H]WEHQ WiM

IRUPiFLyW WXGMRQ NpUQL gQW O  
)HOKtYMXN ILJ\H]Q]p]D]W]K]F]J]R]S]R]Q]W]K]R]J]W]M]B]I]O]V]R]V]y]J]B]K]G]D]B]i]n]a]z]e]s]t]e]h]U]d]j]a]J]e]g-

UHQGHOW GLpWiV N]j]pWNH]WHWpVL V]ROJiOWDWiV V]HU] GpVV]HU&HQ Q\~  
WDUWR]y IHQWL DGDWRNDW D] gQ KOR]j]i]M]i]U]X]O]M]H]D]B]I]O]V]S]M]i]Q]R]M]R]D]V]H]Q]G]H]E]H]Q]P

KR]j]iMiUXOiViW QHP DGMD PHJ YDJ\ D H]Q]R]E]W]U]V]W]D]Q]P]i]W]H]Q]H]O]M]W]W]H]U]G]A]S]T]J]D]Q]R]Q]M  
FVRSRUWKR] WDUWR]y IHQWDP]M]J]M]U]H]O]G]A]V]p]W]D]H]G]E]N]H]V]N]V]p]i]H]A]D]D]i]G]D]W]R]N]K]L]i]Q]i]U]D

V]ROJiOWD Négyadai Cillei VelemendarD GLpWiV V]ROJiOWDWiV  
gQ MRJRVXOW DUUD KRJ\ WiMpNR]WDWiV NpUMHQ D] DGDWNH]H]E]p]V]U]O]V

O\HVEtWpVpW D]RN W]UOpVpW LOOHWAG]P]R]S]U]O]i]V]L]R]N]H]W]N]p]U]M]D]H]O]P]S]J]M]R]J]D]L]U]W  
MRJDL pUYpQ\HVtWpVpYHO NDSFVRODWRV LJpQ\HLW D IHQWL HOpUKHW VpJ

\$PHQQ\LEH]Q]D]D]g]Q]HUPHNH JRQGR]RWWMD DGDWYpGHOPL MRJDL VpU•OQH  
GHOPL pV ,QIRUPiFLyV]DEdGViJ +DWyViJQio PHOO\HO D] DOiEEL HOpUKHW

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gQ MRJVpUHOHP HVHWpQ WRYiEEi MRJRVXOW D] L]E]Q]O]g]D]W]Q]Z]T]J]a]T]e]n]E]j]o]b]b]i]t]V]i]J]H]O]W]W

A Hungast csoporthp WDUWR]y IHQW PHJMHiO]W]D]O]J]D]j]p]O]W]E]H]L]Y]W]W]W]D]D]G]D]W]I]H]O]G]R]O]J]R]y  
WiMpNR]WDW]y]P]W]O]U]H]W]D]O]P]L]D]j]D]p]s]//]W]w]w]h]u]g]a]s]t]h]u]a]d]at]v]e]d]e]l]e]m]h]t]f]i]t]P]H]Q